

HITTING BACK IN DHARMAYUDHA: a retaliation

***Author:* Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
United Kingdom**

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WHETHER THERE IS A GOD OR NOT, I MUST FIGHT FOR MY DIGNITY IN THE MATERIAL WORLD

Spirituality: The Inner Light

4h ·

Indeed, the blessings of the interaction are sky-high.

VivekaVani

8h · Instagram ·

What will you gain by merely being intuitively aware of God's existence? A mere vision of God is by no means everything. You have to bring Him into your room. You have to talk to Him. Some have heard of milk, some have seen milk, and some have drunk milk. Some have seen the king, but only one or two can bring the king home and entertain him.

— Sri Ramakrishna

Sanatan Dharma is conducted in association with God, in my case this was Sri Krishna. I cannot assume from the manner in which things stand after these long 24 years that there is that association in reality, that Dharma Rakshati RAKshita, whatever that means as the eternal law of the universe that I have for long subscribed to. For at least a year and a half I had sought my destiny in taking the path of truth to my destiny: whether there is any such path that has its basis in sanatan dharma is open to question. I could justify any outcome of this struggle to protect my reputation as being my God-imparted destiny. This is how things stand today. It got me nowhere. Can I take the risk of going down the same route of nonchalance, spontaneity and unpremeditatedness in my actions any longer? It could prove fatal to my need to survive to a natural death.

I have published massively and have therefore called it a day, I will not go on the same path again.

For this is a fight to the death, whether that is in a mental hospital for me, in a prison cell or deportation by being made Stateless.

So I must retaliate as hard as I can on each and every intrusion into my life not await the outcome of proceedings that are next generated. For this reason I dealt with the following matter immediately. I will wait till 6.00 pm and if there is no reply to my last eConsult submission to the General Practice at Long Catlis Road Surgery, I will cancel all appointments with the National Health Service, to force the State to take legal action on me.

Re: 38 Degrees - This inbox is not monitored

7 Feb at 12:23

PrintRaw message

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To: Primary - Action@ <action@38degrees.org.uk>

What the hell is the fucking matter with you, you do not send me an automatic acknowledgement immediately these days and never in the recednt past have dealt with my tickets, nor sorted out the unhosted petitions. Come out of the woodwork and discuss if you have the guts unless of course you are an agent of the United Kingdom and International Criminal Court/United Nations slave institution.

On Monday, 7 February 2022, 10:27:57 GMT, Primary - Action@ <action@38degrees.org.uk> wrote: Thanks for getting in touch with 38 Degrees! This inbox is not monitored – if you need to get in touch with the 38 Degrees staff team, you can:

Fill in this form and we'll get back to you as quickly as we can: <https://home.38degrees.org.uk/help-and-support/>

Call us on 0207 8460 093

Or:

If you're writing to unsubscribe from our mailing list, you can do this here:

<https://id.38degrees.org.uk/subscriptions/unsubscribe>

If your query is about a donation you can email us on donate@38degrees.org.uk

Are you contacting us with a press/media request? Please follow the steps here:

<https://home.38degrees.org.uk/media-enquiries/>

If you're writing with a query relating to your data and/or the GDPR, please email us on dataprotection@38degrees.org.uk

Wondering why this inbox isn't monitored?

In order to spend the majority of donations on campaigns, we keep a lean staff team. In the past, we've been able to read every email in response to our campaigns, but as 38 Degrees' membership has grown, so has the number of people contacting us! The office team now receives thousands of emails every week.

So to make sure we're still able to assist those who need it quickly, we're asking that you use the above ways of contacting us – again, emails sent to this inbox will not be read. Apologies for any inconvenience – but if there's anything we can help with we hope to hear from you soon!

Shantanu Panigrahi

1h ·

Shared with Your friends

A Vishistaadvaitist takes on all-comers by judiciously having the measure of all evil-perpetrators in sanatan dharma to survive and enjoy the wine, women and song.

Posted, tweeted, Facebook and LinkedIn:

<https://www.theallurementofrealityinreview.com/post/38-degrees-this-inbox-is-not-monitored2>

Tweeted:

Vivek Kaushik (Advaita)

@Vivekadvaita

.

Feb 6

एवं ज्ञात्वा कृतं कर्म पूर्वैरपि मुमुक्षुभिः।

कुरु कर्मैव तस्मात्त्वं पूर्वैः पूर्वतरं कृतम्॥4.15

पूर्व के मुमुक्षु पुरुषों द्वारा भी इस प्रकार जानकर ही कर्म किया गया है इसलिये तुम भी पूर्वजों द्वारा सदा से किये हुए कर्मों को ही करो।

#ShriGitaJi #sanskrit4youth

Shantanu Panigrahi

@ShantanuPanigr8

.

59m

Ab jananti ma mudha manushi tanumashritam

Param bhavam jananto mama bhuta maheshwaram.

Comment:

Whether or not dharmayudha is part of sanatan dharma, it is a way of life to destroy evil through truth exposure while protecting oneself from that evil that is relentless as Satan-evil. Life takes place on Earth not in heaven or hell as some other realm. For a Vishistaadvaitist there is not difference between Earth and Heaven/Hell. What he knows is that he has to destroy his enemies with whatever weapons he has got at his disposal with the aim to triumph, that is to win. I fight on: I fight to win. I fight on the basis of the truth that I do know until that truth is proven to have been delusional. So far it has not proven to be so. Winning to me in the absence of the refund of the £4170 that I was forced to pay to the Prime Minister of the United Kingdom is the survival in the dignity of liberty with all my websites and Books in the public domain until I die. After my death I do not care for what happens to those instruments of warfare: that is what they were on hindsight, nothing more.

Publishing anything in the internet is indulgence now that will cause me trouble. I cannot assume that God wishes me to publish each and every material in websites and in books for posterity, so that the world of future generations will come to know about Him/Her/It finally. I will treat them as fictional creations. Publishing means wanting to go down in history as a great man. The higher they climb the harder they fall. It is not a question of sitting on one's laurels. It is a question of survival. I am alive with my family so I must therefore survive, for example by trying my hardest to keep hold of this job at BP Lenham, no matter how menial it is. I need to restore my finances. The next few years in the United Kingdom with Rashmi and Rupa together in this house at all costs. So, nothing more will be published in the Internet. Publishing anything will only provoke a response. I have had the last word to 38 Degrees.

I had tried to start another Video call with Shitikant Singh A but he has blocked me for good.

15.18 pm (UK-Time) 7 February 2022

At 15.21 pm I texted CANCEL to the text from the GP Surgery to cancel the Blood test appointment to be free: An automated message was returned: Your appointment has now been cancelled. Book and cancel appointments using your smart phone by downloading the my GP app here www.mygp.io/app.

Now I am free: to I concentrate on my BP job. The *madarchods* have a few hours and a full day before then to send me another email. That will determine my next action. I may simply add to this book and not reply or forward any such communication, given that now Kent Police is exposed as singularly who the battle will be fought against because they continue to hold on to our desk-top computer, my USB Memory Stick and my old Mobile Phone since 24 November 2021 with no legal proceedings pending.

I am not looking for my destiny, I repeat. This is an automated consideration.

15.29 pm (UK-Time) 7 February 2022

A CV Updating email came in the yahoo account: will not even open it: all proceedings are frozen. Indefinitely. No emails will be opened unless it is from official legal or medical sources.

Last Updated: 15.43 pm (UK-Time) 7 February 2022

Shantanu, 25% off Executive Priority package + 48 hour turnaround for you!

Yahoo

/

Inbox

TopCV <contact@topcv.com>

Unsubscribe

To:

shantanupanigrahi@yahoo.com

Mon, 7 Feb at 15:12

TopCV

MY CV REVIEW | CAREER SERVICES | CAREER ADVICE

Save on our complete career package + free rush

Dear Shantanu,

You've got the skills, experience, and drive to step up your career. But are you getting what you want? Right now you can save 25% on a professionally written CV and cover letter by an executive

writer plus a LinkedIn Makeover, ready for you in just 48 hours! Use code 'SAVE25' to save on our complete Executive Priority package PLUS 48 hour rush turnaround for FREE. Are you ready to get the career you want?

I'm ready!

TopCV

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KEMP HOUSE, 152 - 160, CITY ROAD, LONDON, EC1V 2NX

PRIVACY | TERMS & CONDITIONS | UNSUBSCRIBE

Posted in Facebook:

Shantanu Panigrahi

51m ·

Shared with Your friends

If the Lord wanted human beings to come to Him, if that was the purpose of Creation, it is certainly a challenge to be able to do so in any meaningful way.

Why are we waiting?

Yahoo

/

Inbox

Michael Bailey - 38 Degrees <action@38degrees.org.uk>

Unsubscribe

To:

shantanupanigrahi@yahoo.com

Mon, 7 Feb at 16:58

38 Degrees Logo

Dear Shantanu,

It's shocking. A plan to tackle the patient backlog in England that was expected today was delayed yet again. [1] This leaves a record breaking 6 million of us on waiting lists unclear about what this will mean for the treatment we desperately need. [2]

Right now the story is quickly unfolding - and everything from the Omicron variant to a row over how achievable the waiting times targets are are being blamed. [3] But most reports suggest disagreements between the Treasury and the Department of Health and Social Care are the root cause. [4] Even if they're keen to deny it. [5]

What's for certain, while some politicians continue to squabble behind closed doors, millions of us continue to pay the price of more cancelled appointments and even longer waiting times.

That's why we need to send a clear message to Chancellor Rishi Sunak and the Health Secretary, Sajid Javid, that enough is enough. If hundreds of thousands of us sign a petition, telling them it's time they put grandstanding aside and sort out this chronic problem, it could be the thing that forces them to publish the plan.

So Shantanu, will you sign this petition today calling on Sajid Javid and Rishi Sunak to put politics aside and publish the plan to clear the patient backlog without delay? By clicking the button below your name will automatically be added to the petition.

SIGN THE PETITION

Here's what the petition says:

TO: The Secretary of State for Health and Social Care, Sajid Javid, & The Chancellor, Rishi Sunak

PETITION TEXT:

Publish the plan to clear the patient backlog in England

Thanks for everything you do,

Michael, Simma, Jonathan, Myles and the 38 Degrees Team

NOTES:

[1] BBC News: Covid: Plan to tackle England's NHS backlog delayed

[2] The Guardian: NHS England waiting times for cancer referral and treatment at record high

[3] See note 1

See note 2

[4] ITV News: Treasury delays NHS recovery plan to reduce record treatment backlogs

The Independent: Boris Johnson news - live: Sunak delaying NHS backlog plan as PM's administration 'dying', says health chief

Huffington Post: Cabinet Row: Javid Denies Treasury Blocked NHS Backlog Plan Amid Tensions

[5] The Guardian: Sajid Javid denies row with Treasury behind NHS backlog plan delay

38 Degrees wouldn't exist without you, Shantanu.

38 Degrees has no big donors - we're funded by ordinary people who care, like you. Regular donations mean that we can plan future campaigns, pay our workers a decent wage, and keep fighting for what we all believe in.

If you don't already do so, will you consider setting up a regular donation of a fiver, tenner or whatever you can spare? Click here to donate securely:

CHIP IN WEEKLY

Unsubscribe: If you no longer wish to be part of our movement and receive our emails you can unsubscribe here.

This email was sent to shantanupanigrahi@yahoo.com.

38 DEGREES

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Registered Company No. 6642193 in England and Wales

Registered office: First Floor, 10 Queen Street Place, London, EC4R 1BE

Comment: The CV job email was sent in to get me to respond by applying for a new job or get feedback on my CV. When it was strategically ignored by not even opening it and then cancelling the appointment with the GP to leave the path clear, the 38 Degrees email was sent in to prod a response. As things stand, I do have a job and I have the last email sent to the International criminal Court. It needs to be activated to prevent action against me by Kent Police.

International Criminals: Our reference: OTP-CR-76/22

Yahoo

/

Sent

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To: otp.informationdesk@icc-cpi.int

Mon, 7 Feb at 17:51

To The International Criminal Court

Dear Sirs

I seem to have mistakenly deduced from the silence of the Chief Prosecutor that the International Criminal Court and by extension the United Nations is/are slave institutions of the United Kingdom and the United States of America in the disposal of the following matter>

38 Degrees - This inbox is not monitored2 (theallurementofrealityinreview.com)

<https://www.theallurementofrealityinreview.com/post/38-degrees-this-inbox-is-not-monitored2>

International Criminals: Our reference: OTP-CR-76/222 (theallurementofrealityinreview.com)

<https://www.theallurementofrealityinreview.com/post/international-criminals-our-reference-otp-cr-76-222>

Please reassure me that this was a false idea that I had as a result of my paranoid schizophrenia and persistent delusional disorders as reported to me by my doctor Dr Mwanche - see attached:MedCertDrMwanche29Nov2021b.pdf.

Incidentally, I have no amendments to the Case as submitted for the Chief Prosecutor at the International Criminal Court.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

MedCertDrMwanche29Nov2021b.pdf 1.4MB:

From
Long Catlis Road Surgery
Parkwood Health Centre
Long Catlis Road
Gillingham
Kent
ME8 9PR
Telephone Number 01634 233491
29 November 2021

TO WHOM IT MAY CONCERN

Dear Colleague

PANIGRAHI, Shantanu (Mr) 08-Aug-1957 628 4771487
3 Hoath Lane, Gillingham, Kent, ME8 0SL
01634 379604
07967789619

This is to confirm that the above gentleman has Mental Health problems including Paranoid Schizophrenia and persistent delusional disorders.

Yours faithfully

Dictated not signed
Dictated not signed to avoid delay

Dr Mwanche
General Practitioner

Medication

Repeat

Drug	Dosage	Quantity	Last issued on
Depakote 500 mg gastro-Resistant tablets (Sanofi)	One to be taken twice a day as per MHT	56 tablet	28 Oct-2021

Risperidone 2 mg tablets	One twice daily as per MHT	56 tablet	28 Oct-2021
Finasteride 5 mg tablets	One to be taken each day as per urology a/w	28 tablet	28 Oct 2021
Tamsulosin 400 micrograms modified release capsule	One to be taken each day	30 capsule	28 Oct 2021
Sertraline 50 mg tablets	One to be taken each day	28 tablets	28 Oct 2021
Sertraline 100 mg tablets	One to be taken each day - Morning	28 tablets	28 Oct 2021
Atrovastatin 20 mg tablets	One to be taken each day	28 tablets	28 Oct 2021
Zaluron XL 50 mg tablets (Fontus Health Ltd)	One to be taken each day	30 tablets	01 Oct 2021

Problems
Active

Date	Problem	Associated text	Date ended
13 Aug- 2021	Pain in upper arm		
26 Jan-2021	Failed encounter Message left with household Member		
22 Jan-2021	Failed encounter, message left on answerphone		
09 Jan 2000	Paranoid schizophrenia	As per Britton House Correspondence	
25 Nov 2020	Administration		
30 Dec 2019	[D] Prediabetes		
30 Oct 2019	Persistent delusional disorders		
12 Sep-2019	Telephone call to a patient		
5 July-2019	Medication changed		
19 Nov-2018	Failed encounter NOS		
12 Nov 2018	QRISK2 calculated heart age		
19 Oct-2018	[x] Persistent delusional disorders	H/O	

Last Updated: 17.59 pm (UK-time) 7 February 2022

Why are we waiting?2

Yahoo

/

Sent

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

action@38degrees.org.uk

Mon, 7 Feb at 18:58

Dear 38 Degrees

Do you have no shame asking for more money as donation for what you have done to me for the clear evidence based interpretation is that the Prime Minister is hiding under the fact that we live in a tyrannical Police State that maintains society as a nation of morons for which it deserves from well educated people like me to punch the final nail in the coffin of by us being disloyal and unpatriotic towards the Queen on Her Platinum Jubilee. I tried for 24 years to get the University of Greenwich to pay me my hard-earned redundancy money of £55,000 but the racists are not budging. So I am

unable to send 48 Degrees any further donations much as I now think you are a very good cause for good institution doing good things.

I do hope you understand.

Shantanu Panigrahi

Sent from Yahoo Mail on Android

On Mon, 7 Feb 2022 at 16:58, Michael Bailey - 38 Degrees
<action@38degrees.org.uk> wrot
Reenwich to pay38 Degrees Logo

Hide original message

Dear Shantanu,

It's shocking. A plan to tackle the patient backlog in England that was expected today was delayed yet again. [1] This leaves a record breaking 6 million of us on waiting lists unclear about what this will mean for the treatment we desperately need. [2]

Right now the story is quickly unfolding - and everything from the Omicron variant to a row over how achievable the waiting times targets are are being blamed. [3] But most reports suggest disagreements between the Treasury and the Department of Health and Social Care are the root cause. [4] Even if they're keen to deny it. [5]

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See note 2

[4] ITV News: Treasury delays NHS recovery plan to reduce record treatment backlogs

The Independent: Boris Johnson news - live: Sunak delaying NHS backlog plan as PM's administration 'dying', says health chief

Huffington Post: Cabinet Row: Javid Denies Treasury Blocked NHS Backlog Plan Amid Tensions

[5] The Guardian: Sajid Javid denies row with Treasury behind NHS backlog plan delay

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38 Degrees has no big donors - we're funded by ordinary people who care, like you. Regular donations mean that we can plan future campaigns, pay our workers a decent wage, and keep fighting for what we all believe in.

If you don't already do so, will you consider setting up a regular donation of a fiver, tenner or whatever you can spare? Click here to donate securely:

CHIP IN WEEKLY

Unsubscribe: If you no longer wish to be part of our movement and receive our emails you can unsubscribe here.

This email was sent to shantanupanigrahi@yahoo.com.

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Inbox

Primary - Action@ <action@38degrees.org.uk>

To:

shantanupanigrahi@yahoo.com

Mon, 7 Feb at 18:59

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Call us on 0207 8460 093

Or:

If you're writing to unsubscribe from our mailing list, you can do this here:

<https://id.38degrees.org.uk/subscriptions/unsubscribe>

If your query is about a donation you can email us on donate@38degrees.org.uk

Are you contacting us with a press/media request? Please follow the steps here:

<https://home.38degrees.org.uk/media-enquiries/>

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4991618:320150

19.21 pm (UK-Time) 7 February 2022

This is non-violent warfare with no holds barred. There will be only one winner and I will strive to be that one. All communications thus far since 1997-1998 have been that engagement in warfare in what I call as a Hindu dharmayudha, the fight to protect my dharma, that is duties and responsibilities so long as I am alive. I have learnt lessons and use all that information to dominate over my adversaries, God or no God.

19.54 pm (UK-Time) 7 February 2022

Amit Srivastava wrote:

Until you change your thinking, you will always recycle your experiences.

7 comments

Shane Mohan

Always right

Reply1 d

Shantanu Panigrahi

You can only change your thinking if experience teaches you bitter lessons to make you change your ways. Talk is not going to make anyone change his or her ways. For example how do sattvic Hindus know with certainty that we should be physically non violent, including avoiding vocal violence. What do we get out of ahimsa in our vocal expressions to killing a human being in dharmayudha, killing a tiger who is about to eat you, or a bacteria an insect or a virus that could transmit diseases that would make you unwell. If one has the philosophy that there is a Creator 9God so that we should live in harmony with the other living beings in Nature one can easily fall prey to a human or another wild predator. So in our Hindu way of living we need to experience that ahimsa is superior and fight a dharmayudha to protect ourselves by being non-violent. No one will be able to find if there is a Personal God who will protect those practicing ahimsa. In fact one has to test ahimsa for oneself to be able to change our way of thinking to then have some kind of religion that is bhakti-based to the point of accepting that there is a God so that we should live in harmony in Nature because the so called param dharma rakshati rakshita, especially when one engages in dharmayudha to preserve that dharma. We have to investigate to be certain but we can otherwise have faith and devotion for a learned guru and live to his or her teachings.

Comments:

Dharmayudha is a normal human way of preserving personal and societal culture. All societies practice it. It is warfare, and part of what makes us all animals in the web of life. Different religions and philosophies call it by different names. Christians call it's practitioners crusaders, Islamics call those who practice warfare Majaheedeens, Hindus call it dharmayudhis.

Essentially, In the Vishista-advaita Vedanata, humanity consists of three guna-consciousness attributes that people draw their inspiration for their actions or karma. How do they see the issue of ahimsa, is the question.

The authors view today is that sattic gunas with their vegetarian and vegan lifestyles practice the purest form of ahimsa, that is to say they do not kill and nor do they swear and torture people physically or verbally. Tamasic guna people practice killing animals and other human beings as well as committing physical assault on others and have predatory conduct generally including verbal abusive use of language. Rajasic guna people are in the middle, they do not kill normally but do not rule it out if their life is threatened, are semi non-vegetarians rather than vegetarians and vegans but would take vaccinations to protect their bodies from bacterial and insectivorous parasites that transmit diseases. They however practice full freedom of expression in that swear words to take out their anger on evil-perpetrators and shouting at them are within the scope of their dharmayudha. Which of these three are superior, It all depends

19.54 pm (UK-Time) 7 February 2022

On VivekVani in Facebook

I HAVE A TRUTH TO TEACH, I THE CHILD OF GOD AND HE THAT GAVE ME THE TRUTH WILL SEND ME FELLOW WORKERS FROM THE EARTH'S BRAVEST AND BEST' Swami Vivekananda:

Shantanu Panigrahi

No He does not give the Truth. That is delusional. Truth has to be acquired through perseverance , dedication and determination to survive to a grand old age with all the comforts that one can get from the dignity that comes from self- sufficiency to live in liberty.

Update:

I reinstated my Blood Test appointment at the Long Catlis Road Surgery for 10.00 am tomorrow the 9th of February 2022, and then telephoned Kent Police to speak to PC Nicholls. The lady said he was not in and would not be in until Monday next week. I explained the full background to the enquiry and that we had waited long-enough for the Professional Standards Department to deal with Complaint Reference IR/01874/213. She said that is the PSD number and she could not check it=, and asked is the complaint against PCNicholls. I said the complaint was about the way this investigation had been conducted and we are now withdrawing the Complaint for that reason. I asked to speak to PC Nicholls supervisor right away. She said that the Supervisor or Sergeant is on night duty and not accessible right away. I asked when can he phone me. She said that he is on night duty and what time would I be available to speak to him or could I ring back on Wednesday or Thursday. I said I have a doctor's appointment tomorrow and would be available to speak to the Sergeant until 11.00 pm this evening. She said she would send an email to him but could not guarantee anything. OK I said and the Call ended.

Withdrawal of complaint against Kent Police: no choice

Inbox

from: Shantanu Panigrahi <shanpanigrahi3000@gmail.com>

to: centrallondondjskel@justice.gov.uk

date: 8 Feb 2022, 11:25

subject: Withdrawal of complaint against Kent Police: no choice

mailed-by: gmail.com

To

The Circuit Judge

Central London County Court

Thomas More Building

Strand

London

Dear Judge:

I would like to submit several points in relation to the proceedings emanating from the attached Order of the Central London County Court (CentralLondonCountyCourt Order 21 June 2021 District Judge Lightman.pdf:

I reinstated my Blood Test appointment at the Long Catlis Road Surgery for 10.00 am tomorrow the 9th of February 2022, and then telephoned Kent Police to speak to PC Nicholls. The lady said he was not in and would not be in until Monday next week. I explained the full background to the enquiry and that we had waited long-enough for the Professional Standards Department to deal with Complaint Reference IR/01874/213. She said that is the PSD number and she could not check it, and asked is the complaint against PCNicholls. I said the complaint was about the way this investigation had been conducted and we are now withdrawing the Complaint for that reason. I asked to speak to PC Nicholls's supervisor right away. She said that the Supervisor or Sergeant is on night duty and not

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The University of Greenwich is still not paying me my due £55,000 redundancy payment or paying me sick leave from 1998 to the present day, barring any short periods that I tried alternative employment unsuccessfully.

My health has a physical injury for which the GP Surgery has been asked for a Sick Note, and it was not issued so I returned to work to be able to make ends meet. This is unsustainable, as I am suffering severe pains arising from the wearing of Company-issued Safety shoes that we are forced to wear at BP Lenham. I have a shift of work tomorrow so please let me know today if I can expect any proceedings relating to this matter and the Appeal of the attached Order for the refund of the £4170 paid my me as the Claimant to the Cabinet Office.

The International Criminal Court has clarified from its silence on International Criminals: Our reference: OTP-CR-76/22 proceedings that this international court does not have jurisdiction to try Mr Boris Johnson or Her Majesty the Queen for the 24 years of State-organised victimisation that it persecuted me for.

Yours sincerely

Dr Shantanu Panigrahi

3 Hoath Lane

Wigmore

Gillingham

Kent

ME8 0SL

Tel: 07967789619

Attachments area

CentrallondonCountyCourt Order 21 June 2021 District Judge Lightman.pdf:

General Form of Judgment or Order

In the County Court at Central London

Claim Number E35YM660

Date 21 June 2021

(The County Court Sealed)

DR SHANTANU PANIGRAHI 1st Claimant Ref

MRS THERESA MAY – PRIME MINISTER OF THE UNITED KINGDOM 1ST Defendant Ref

Z1819776/H019

Before District Judge Lightman sitting at the County Court at Central London, Thomas More Building, Royal Courts of Justice, Strand, London, WC2A 2LL.

IT IS ORDERED THAT

1. It is recorded that:

(a). The Court has sought to join the Claimant in the BT Meet Me hearing listed for today at 11.40 am. The Court telephoned at least thrice the Claimant on the telephone number given by him in his application dated 19 June 2021 as 07967789619 but the telephone was not picked up.

(b) The application dated 19 June 2021 of the Claimant to adjourn be refused.

(c) Today's hearing is merely to assess costs. The District Judge today has no other jurisdiction.

2. The Claim Form having been struck out, judgment for the Defendant.

3. Claimant shall pay the Defendant's costs assessed in total as £4,170 payable by 4 pm on 5 July 2021.

Dated 21 June 2021

The Court office at the County Court at Central London, Thomas More Building, Royal Courts of

Justice, Strand, London, WC2A 2LL. When corresponding with the court please address forms or letters to the Court Manager and quote the Claim Number. Tel 0300 123 5577. Check if you can issue your claim online. It will save you time and money. Go to www.moneyclaim.gov.uk to find out more.

N1 General Form of Judgment or Order

Produced by S. Mirza

CJR 005C

from: Central London DJSKEL <centrallondondjskel@justice.gov.uk>
 to: Shantanu Panigrahi <shanpanigrahi3000@gmail.com>
 date: 8 Feb 2022, 11:25
 subject: RE: Withdrawal of complaint against Kent Police: no choice
 mailed-by: justice.gov.uk
 Signed by: justice.gov.uk
 security: Standard encryption (TLS) [Learn more](#)

Thank You for your email message which is now in the judicial email inbox. This inbox is only viewed by judiciary and court staffs do not have access to this account. This auto response confirms that the message has arrived and will be dealt with in due course.

Thank You

This e-mail and any attachments is intended only for the attention of the addressee(s). Its unauthorised use, disclosure, storage or copying is not permitted. If you are not the intended recipient, please destroy all copies and inform the sender by return e-mail. Internet e-mail is not a secure medium. Any reply to this message could be intercepted and read by someone else. Please bear that in mind when deciding whether to send material in response to this message by e-mail. This e-mail (whether you are the sender or the recipient) may be monitored, recorded and retained by the Ministry of Justice. Monitoring / blocking software may be used, and e-mail content may be read at any time. You have a responsibility to ensure laws are not broken when composing or forwarding e-mails and their contents.

Automatic reply: Withdrawal of complaint against Kent Police: no choice

Inbox

from: Central London DJSKEL <centrallondondjskel@justice.gov.uk>
 to: Shantanu Panigrahi <shanpanigrahi3000@gmail.com>
 date: 8 Feb 2022, 11:25
 subject: Automatic reply: Withdrawal of complaint against Kent Police: no choice
 mailed-by: gbr01-lo2-obe.outbound.protection.outlook.com
 Signed by: justice.gov.uk
 security: Standard encryption (TLS) [Learn more](#)
 : Important according to Google magic.

C:\Users\vsz27a\Desktop\Autoresponse.txt

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read at any time. You have a responsibility to ensure laws are not broken when composing or forwarding e-mails and their contents.

Comment: In relation to how I replied at VivekVani earlier this morning, any one seeking God will have to practice yoga and in bhakti through satya-advaita yoga that I have practiced from 1997 when my struggle to protect my reputation in the world of materiality started. There is no other way, there is only avatarhood for a special intervention by God Sri Krishna, and that has been through me. The yoga comes first and will always be there now that I know it works. It will be practiced nonchalantly, spontaneously and unpremeditatedly during the rest of my life.

Truth-accommodation is Satya-advaita yoga: I am a satya-advaitist who does this.

12.32 pm (UK-Time) 8 February 2022

Shantanu Panigrahi

Just now ·

Shared with Your friends

Truth-accommodation is Satya-advaita yoga: I am a satya-advaitist who does this.

Changed my Bio in Facebook and Twitter to Satya-advaitist (Truth-accommodationist).

13.02 pm (UK-Time) 8 February 2022

Update: At 16.50, posted, tweeted, Facebooked and posted in LinkedIn as 5.00 pm official court time was drawing near and Kent Police has still not telephoned me so as to keep the State's options to hit me open. I need to be able to get back to the International Criminal Court.

<https://www.theallurementofrealityinreview.com/post/withdrawal-of-complaint-against-kent-police-no-choice>

A response to this open publication of the email and its tweeting, facebooking and posting on LinkedIn should be incorporated in any proceedings against me. I cannot send out any emails now.

Last Updated: 16.59 pm (UK-Time) 08 February 2022

Around midday had extended a couple of my Wix website domains and placed the rest on autorenewal:

You've Successfully Extended knowledgeassessmentanddissemination.com's Registration

Inbox

Wix.com <wix-team@notifications.wix.com>

10:20 (6 hours ago)

to me (Shanpanigrahi3000@gmail.com)

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Your Domain Registration Was Extended

Congratulations, you've successfully extended your domain registration for knowledgeassessmentanddissemination.com for an additional 3 years.

You can view your invoice [here](#).

Manage Domain

Your domain will automatically renew for GBP37.66 on May 8, 2027. To ensure uninterrupted service, your payment method may be charged up to 30 days prior to the renewal date. We'll send you a notification before your domain is renewed. You may disable auto-renewal at any time through your account.

You may receive an email requesting that you confirm your contact details. This is in accordance with ICANN (Internet Corporation for Assigned Names and Numbers) regulations.

Need help? Visit the Help Center or contact us.

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Inbox

Wix.com <wix-team@emails.wix.com>

10:26 (6 hours ago)

to me (Shanpanigrahi@gmail.com)

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#

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If you've changed your mind, we can help you keep your personalized email address as well as all of the data you saved in your Drive and G Suite. Simply take the following steps to turn on auto renew:

1. Access your Billing & Payments
2. Click on your theallurementofrealityinreview.com Mailbox subscription
3. Click Turn Auto Renew On

Enjoy Your New Wix Premium Plan

Inbox

Wix.com <wix-team@notifications.wix.com> Unsubscribe

10:29 (6 hours ago)

to me (Shanpanigrahi3000@gmail.com)

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#

Congratulations on Your

New Wix Premium Plan

You've successfully upgraded Conserving-Knowledge.

[View your invoice](#)

Wix

Here's what's next:

Connect a custom domain to your website and make it easy for people to find you online. Your Premium Plan comes with a voucher for a free custom domain.

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[Connect Your Domain](#)

[Get a Business Email Address](#)

Start sending email from a personalized email address using your domain. [Get a Mailbox now.](#)

[Redeem Your Vouchers](#)

Promote your business online — [claim and use your vouchers now.](#)

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Last Updated: 17.26 pm (UK-Time) 8 February 2022

To 38 Degrees
Unsubscribe

You did not respond to the recent tickets I submitted, nor helped me in revising the unhosted petitions of mine in 38 Degrees, and you have not set up a Campaign from 38 Degrees of the international dimensions to which the British Police and Courts are subjected in the inexplicable responses of the European Court for Human Rights, European Court of Justice, the international Criminal Court and the Security Council of the United Nations as a Club terrorising law abiding citizens across the world in their own countries. The USA civil or criminal Court has no jurisdiction over Prince Andrews alleged offences against an American/Australian woman and it is an Old Boys Club between the United Kingdom and these other western countries that has deprived me of £55,000 in severance pay from the University of Greenwich, £4,170 in costs paid to the Cabinet Office with no prospects of Appeal against the Court Order of the Central London County Court dated 21 June 2021, roughly £700 worth of computer devices seized from us by Kent Police.

38 Degrees homepage

If you were subscribed with that email address, you will receive an email confirming that email address was unsubscribed.

If you have not received this email or if you have any concerns, please email us at dataprotection@38degrees.org.uk

If you need to unsubscribe a second email address - including if you have a googlemail and gmail address - then please click here to return to the unsubscribe form

We hope to see you again some day.

TM 38 Degrees | 2015

Registered Company No. 06642193 in England and Wales

Registered office: First Floor, 10 Queen Street Place, London, EC4R 1BE

Unsubscribe Confirmation

Yahoo

/

Inbox

dataprotection@38degrees.org.uk

Unsubscribe

To:

shantanupanigrahi@yahoo.com

Tue, 8 Feb at 18:18

Hello,

This is to confirm that the email address: shantanupanigrahi@yahoo.com will be unsubscribed from the 38 Degrees email list. This will be done within 3 days, but is often done within 24 hours.

If this is not the email address that you would like unsubscribed, please reply to this email and let us know.

Possible reasons this could apply are:

you have a googlemail and a gmail email address
 you have more than one email address subscribed
 you have more than one version of your email address, eg you've added in a . or a + symbol
 We are sorry to be losing you from 38 Degrees. If you would like to join again in future, you can choose to opt-in to our mailing list when participating in any 38 Degrees campaign.

Best wishes,

Rebecca & the 38 Degrees team

This was unsubscribed on receipt of the following email:

Prime Minister: Withdraw your lie

Yahoo

/

Inbox

Tom Kuehnel - 38 Degrees <action@38degrees.org.uk>

Unsubscribe

To:

shantanupanigrahi@yahoo.com

Tue, 8 Feb at 17:48

38 Degrees Logo

Shantanu, last night the leader of the Opposition Keir Starmer was subjected to a threatening hate mob who surrounded him and hurled abuse. They screamed "traitor", "Jimmy Savile" and accused him of "protecting paedophiles". [1] All less than a week after Boris Johnson hurled a far-right conspiracy theory - and lie - about Savile to Starmer in Parliament. [2]

The Prime Minister of this country repeated a dangerous conspiracy theory in our Parliament, at the heart of our democracy. A week later, his opponent was intimidated by an angry mob and the police had to protect him. As one MP said: it's disgraceful, profoundly un-British and "simply not the way we do politics in this country". [3]

We have a choice today - to ignore it or to stand against it. MPs from all parties are calling on Boris Johnson to apologise and withdraw his remarks - including a dozen senior Conservative MPs. [4]

Together, we can show that we, the British public, won't stand for it either.

An open letter from hundreds of thousands of us could send that message today. Will you add your name to the letter demanding Boris Johnson apologise and withdraw his lie at the earliest opportunity? Clicking the orange button below will add your name to the open letter with one click. We'll send a message to Boris Johnson for every 500 names added.

YES, I WILL ADD MY NAME

I'M NOT SIGNING THIS LETTER BECAUSE...

Here's the full text of the open letter:

To: The Prime Minister, Boris Johnson

You repeated far-right lies which legitimised the beliefs of a hate mob. Yesterday, we saw what that hatred looked like on the streets - with your opponents threatened and intimidated.

We, the British people, demand better from our Prime Minister. Apologise and withdraw your comments immediately.

Signed,

Thousands of members of the British public

YES, I WILL ADD MY NAME

I'M NOT SIGNING THIS LETTER BECAUSE...

Thanks for all you do,

Tom, Jonathan, Ellie, Matt, Kate and the 38 Degrees team

NOTES

[1] BBC News: Keir Starmer: No 10 has no intention of apologising after protesters surround Labour leader

The Times: Keir Starmer bundled into police car after protesters shout Savile slurs

[2] The Huffington Post: Furious Keir Starmer Hits Back At Boris Johnson's False Savile Smear

[3] The Guardian: MPs blame Boris Johnson's 'poison' after protesters mob Keir Starmer

[4] Evening Standard: Tories demand apology from Johnson over Savile smear after Starmer suffers abuse

38 Degrees wouldn't exist without you, Shantanu.

38 Degrees has no big donors - we're funded by ordinary people who care, like you. Regular donations mean that we can plan future campaigns, pay our workers a decent wage, and keep fighting for what we all believe in.

If you don't already do so, will you consider setting up a regular donation of a fiver, tenner or whatever you can spare? Click here to donate securely:

CHIP IN WEEKLY

Unsubscribe: If you no longer wish to be part of our movement and receive our emails you can unsubscribe here.

This email was sent to shantanupanigrahi@yahoo.com.

38 DEGREES

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Registered Company No. 6642193 in England and Wales

Registered office: First Floor, 10 Queen Street Place, London, EC4R 1BE

18.27 pm (UK-Time) 8 February 2022

Posted immediately fearing that the Police can come to the house at any time: Updated the book in Internet Archive , Knowledge for World Conservation and in Allurement of Reality Shop:

<https://www.theallurementofrealityinreview.com/post/unsubscribing-from-38-degrees>

Each time an email comes or a phone call is received, a visit made the same procedure will be followed. If I am arrested again I will ask for a Duty Solicitor.

Last Updated: 18.50 pm (UK-Time) 8 February 2022

I made a mistake in paying for this Premium Plan because i thought I was updating my KnowledgeforWorld Conservation.com website. Please make this refund and delete this from my Premium Subscriptions Page.

Premium Subscriptions

View, manage or cancel your Premium subscriptions and paid services.

All Sites

Search...

PREMIUM

LibertarianDemocracy | thelibertariandemocrats.com

Site role: Owner |

Subscription type

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Next payment due

Payment method

Premium plan

Combo

Apr 4, 2021

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Mar 21, 2024 / 3 Year cycle

••••0834

Domain

thelibertariandemocrats.com

Oct 28, 2021

[View invoice](#)

Mar 3, 2026 / 3 Year cycle

••••0834

Business email

@thelibertariandemocrats.com

Apr 2, 2021

[View invoice](#)

Mar 3, 2022 / Yearly cycle

••••0834

Auto renew is on. This subscription will renew automatically on Mar 3, 2022

Ascend

Basic

Jun 29, 2021

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Jun 29, 2022 / Yearly cycle

••••0834

PREMIUM

The Allurement of Re | theallurementofrealityinreview.com

Site role: Owner |

Subscription type

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Next payment due

Payment method

Premium plan

Business Unlimited

Dec 17, 2020

[View invoice](#)

Dec 3, 2023 / 3 Year cycle

••••0834

Domain

theallurementofrealityinreview.com

Mar 13, 2021

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Feb 11, 2023 / 2 Year cycle

••••0834

Business email

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Mar 13, 2021

[View invoice](#)

Feb 11, 2022 / Yearly cycle

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Auto renew is on. This subscription will renew automatically on Feb 11, 2022

PREMIUM

Conserving-Knowledge | knowledgeforworldconservation.com

Site role: Owner |

Subscription type

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Payment method

Premium plan

Unlimited

Feb 8, 2022

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Jan 25, 2025 / 3 Year cycle

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Domain

knowledgeforworldconservation.com

Jun 6, 2021

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May 7, 2024 / 3 Year cycle

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PREMIUM

Daily Bulletin | knowledgeassessmentanddissemination.com

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Subscription type

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Payment method

Premium plan

Lite

Jun 7, 2021

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May 24, 2024 / 3 Year cycle

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Domain

knowledgeassessmentanddissemination.com

Feb 8, 2022

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May 8, 2027 / 3 Year cycle

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PREMIUM

My Podcasts | newsandviewsfromalibertariandemocrat.com

Site role: Owner |

Subscription type

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Payment method
 Premium plan
 Connect Domain
 Oct 27, 2021
 View invoice
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Domain
 newsandviewsfromalibertariandemocrat.com
 Oct 28, 2021
 View invoice
 Mar 5, 2025 / 2 Year cycle
 ●●●●0834

PREMIUM
 The Conservative Lib | theconservativelibertariansociety.com
 Site role: Owner |
 Subscription type
 Last payment
 Next payment due
 Payment method
 Premium plan
 Business Unlimited
 Jan 5, 2022
 View invoice
 Dec 22, 2022 / Yearly cycle
 ●●●●0834

Domain
 theconservativelibertariansociety.com
 Oct 26, 2021
 View invoice
 Oct 27, 2023 / Yearly cycle
 ●●●●0834

Unassigned subscriptions
 These subscriptions are not assigned to any site
 Subscription type
 Last payment
 Next payment due
 Payment method
 Premium plan
 Business VIP
 Aug 3, 2021
 View invoice
 Jul 20, 2024 / Auto renew off
 ●●●●0834

Auto renew is off. This subscription will expire on Aug 3, 2024

Your Premium Plan has been Canceled

Inbox

Wix.com <wix-team@notifications.wix.com>

10:40 (9 hours ago)

to me

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2. Click on your Business VIP Plan
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20:10 (13 minutes ago)

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Turn Auto Renew On

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20:10 (13 minutes ago)

to me

Wix.com <wix-team@emails.wix.com>

20:17 (6 minutes ago)

to me

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20:17 (6 minutes ago)

to me

Last Updated: 20.25 pm (UK-Time) 8 February 2022

Petition to improve the next generations health

Published on November 21, 2018

Pexels

Pexels

Anthony Davison

Anthony Davison

Founder and MD at BigBarn CIC

1 article

Following

When 20% of NHS budget is spent on food related disease I thought you might like to sign our petition; "Get Food, Growing, Cooking and Nutrition on the School Curriculum"

You can read more, sign and forward the petition here: <https://chn.ge/2Qpfext>

If you would like us to include your logo in the petition please send me a copy. In return please promote the petition to your contacts.

Thanks!

Anthony Davison BigBarn CIC <https://bigbarn.co.uk>

I replied and signed the Petition, then tweeted and facebooked the Petition:

Shantanu Panigrahi

(He/Him)

You

Managing Director at The Conservative Libertarian Publications Limited

2h

Wonderful idea for a petition Anthony it really was sitting in my heart the past year when post Brexit and the Coronavirus lockdowns with driver shortages and labour shortages in Home Agriculture, I thought that we should focus on Food Growing in the School Curriculum and encourage students to go for college education too on Food Growing, Cooking and Nutrition. We have wonderful climate in the United Kingdom for 90 percent of the year at least and with around 600 mm or rainfall so they can develop allotments as we used to do in the old days or go for small holder farming in the traditional manner and using environmentally sustainable means of producing food as organically as possible with the same applying to additives free fresh foods that would be good for health.

I tried to find the precise site where your petition can be signed but it kept taking me round circles. Can you help me find it?

21.47 pm (UK-Time) 8 February 2022

Get your pod more listeners! Claim your podcast!

Inbox

Andrea Campbell

Tue, 8 Feb, 22:36 (8 hours ago) Shanpanigrahi3000@gmail.com

Hey - Won't you please claim your podcast on Wisdom? I'm impressed by your pod and want your unique voice on Wisdom! The Wisdom app is a great way to grow your

Shantanu Panigrahi <shanpanigrahi3000@gmail.com>

06:45 (46 minutes ago)

to Andrea

Dear Andrea

Thank you for this invitation. I would like to claim my podcast Towards Knowledge for World Conservation on Wisdom. I have a website <https://knowledgeforworldconservation.com> in which my research is documented.

Please send me the link to get me started today.

Thank you for your interest. It is most appreciated.

Shantanu Panigrahi
 3 Hoath Lane
 Wigmore
 Gillingham
 Kent
 ME8 0SL
 Tel: 07967789619

On Tue, 8 Feb 2022, 22:36 Andrea Campbell, <andrea@joinwisdom.app> wrote:

Hey - Won't you please claim your podcast on Wisdom? I'm impressed by your pod and want your unique voice on Wisdom!

The Wisdom app is a great way to grow your listeners while engaging in conversations that matter. We're venture-backed, here to stay and doing things no one else is. We know podcasting. We love the intimacy, and we want to make podcasting social.

So, transform your listeners into a community. Let them share, like, and comment on your talks.

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Our goal is not to have every podcast on Wisdom, it's to have the wisest podcasters! We want you and Towards Knowledge for World Conservation on Wisdom!

Can I please send you the link so you can claim your podcast and start growing your listeners?

I'm happy to answer any questions you may have too!

Sincerely,

Andrea Campbell

Wisdom Talent Team

Logo

07.33 am (UK-Time) 9 February 2022

Shantanu, you can make the difference for these petitions

Yahoo

/

Inbox

Change.org <change@e.change.org>

To:

Shantanu Panigrahi

Tue, 8 Feb at 19:50

Change.org

Shantanu, thanks for signing!

Here are the petitions you've signed:

Free Nazanin Ratcliffe

Join discussions · Share

Use the links above to stay up-to-date with the petition's progress or check back on Change.org often to discover related issues and causes that you'll care about.

Sincerely,

The Change.org team

Didn't sign these petitions? Click on the petition below to remove your signature:

Free Nazanin Ratcliffe

How useful was this email?

1

2

3
4
5

Not Useful

Useful

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We'd love to hear from you! Contact us through our help centre.

Change.org · 548 Market St #29993, San Francisco, CA 94104-5401, USA

My response:

A family must be sustained as a unit of God's plan for us human beings that makes the world go round and round in a sustained manner so that future generations arise to keep the show going and developing humanity and the planet. Human inhumanity must not go unreported and those perpetrating this kind of evil are the worst of all predators on decent human beings. Nazanine must be returned to the United Kingdom to be with her family. Period.

Email Feedback

Thanks, we really appreciate your feedback.

Back to Change.org

07.45 am (UK-Time) 9 February 2022

Sick Note for my Mental and Physical Health problems since I started work at BP Lenham

Yahoo

/

Sent

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

CATLIS, Long (LONG CATLIS ROAD SURGERY)

Cc:

BPRetailJobs

Wed, 9 Feb at 08:23

To

Long Catlis Road Surgery

Reference:

Administrative help consultation answers.pdf: 22.8kB:

Long Catlis Road

Your online consultation request for

Administrative help

SUBMITTED ON:

02-02-2022 at 14:58:32

eConsult reference number for this request:

1d180dc0

For the attention of Dr Mwanche

Dear Doctor

I have now been on sick leave for 7 days during which my mental and physical health have worsened although I tried to work on a couple of days with my knee and heel injury sustained at the work place as I submitted in the eConsult referral attached: FrLongCatlisRoadSurgery(Your Online Consultation with Long Catlis Road 3 February 2022.docx) this was no longer possible and I had to extend my sick leave this morning by telephoning my Store Manager Vicky and explaining what

happened. I tried insoles in my Safety shoes during that day that I did go into work during these 7 days but they did not help.

Kindly therefore issue me with the sick note now that I have gone through the statutory 7 days self certification notice,

Yours sincerely

Dr Shantanu Panigrahi

3 Hoath Lane

Wigmore

Gillingham

Kent ME8 0SL

Tel: 07967789619

**FrLongCatlisRoadSurgerY(Your online consultation with Long Catlis Road3Feb2022.docx 20.1kB:
Your online consultation with Long Catlis Road on 03-02-2022 at 13:50**

Yahoo

/

Inbox

eConsult Service <econsult@webgp.com>

To:

shantanupanigrahi@yahoo.com

Thu, 3 Feb at 13:50

DO NOT REPLY TO THIS AUTOMATED EMAIL, especially with your personal or medical details. If you still have questions about your consultation, use the contact details on the practice website.

Dear Shantanu,

Thank you for completing an online consultation. One of your doctors will now review your answers.

Your practice will respond by phone, text or email before 6:30PM on Friday, 4th of February.

Your eConsult reference number for this request is 1a4d2f7f

Here are two important tips for ensuring you receive a response:

A call from your practice may sometimes appear on your phone as "Blocked", "No caller ID" or "Private number"

Check your junk email folder

Please note:

If your condition gets worse while you're waiting for a response, call your practice as soon as possible. If the practice is closed, call your local NHS helpline instead (if available).

If you asked for a particular doctor and they are not available, another doctor in the practice will contact you.

In most cases you won't need to contact the practice before 6:30PM on Friday, 4th of February. But if they're unable to reach you by then, please contact the practice using this secure form.

We've attached a copy of the answers you submitted

COVID-19

Surgeries may be prioritising urgent requests due to the pandemic. Please be patient with non-urgent, routine requests.

If you have COVID-19 symptoms:

self-isolate;

arrange a PCR test (different to a lateral flow test, for patients with no symptoms).

To find out about both of these, visit the government page on COVID-19 or call 119.

If your symptoms worsen while waiting for your practice to contact you, please urgently call the practice, 111 or 999 in an emergency.

About your general health and wellness:

You told us you're a smoker. Find out more about NHS services that can help you quit.

Kind regards,

eConsult

<http://longcatlisroadsurgery.webgp.com>

General advice consultation answers.pdf 29.6kB:

Long Catlis Road

Your online consultation request for

General advice

SUBMITTED ON:

03-02-2022 at 13:50:48

eConsult reference number for this request:

1a4d2f7f

Shantanu,

The answers to your online GP consultation for general advice are below.

Your practice will respond by phone, text or email before 6:30PM on Friday, 4th of February with your GP's feedback and treatment details.

Here are two important tips for ensuring you receive a response:

A call from your practice may sometimes appear on your phone as "Blocked", "No caller ID" or "Private number"

Check your junk email folder

If your doctor gives you a prescription, they will let you know where and when you can pick it up when they call you.

IMPORTANT: if your condition worsens or if you find the details you submitted are incorrect, please call the practice immediately on 01634 233491.

NOW WE JUST NEED TO KNOW WHAT KIND OF HELP YOU WOULD LIKE:

Tell us how we can help you I think I need advice

Please provide us with details of your problem You said: **"Dr Mwannche, following our Meeting yesterday morning during which various examinations on me were conducted and my visit this morning to the Surgery to query the issue of a Sick Note from the Surgery to outline the reasons that I am unfit for normal life in the Community I have decided that your suggestions and recommendation that I am mentally ill, disordered, depressed, with anxieties of any kind requiring mental or physical health medications are hereby rejected by me as perverse and erroneous"**

Have you tried anything to treat yourself? Not applicable

Is there any particular treatment you would like to request?

No

Would you like help from a particular person at the surgery? If the person that you requested is not available, another member of the team at the practice will contact you.

No

WE'LL NOW ASK YOU SOME QUESTIONS ABOUT YOUR SYMPTOMS:

Is this a problem your GP knows about? Yes

How has your condition changed since you last saw someone about it?

Improved

To ensure we only ask you relevant questions, please select the main symptom (or symptoms) that apply to you

Pain

Did the pain start after an injury? Yes

Please tell us what happened. You said: **"I was working at BP Lenham and using Safety Boots given to me by the Company which were too heavy, cumbersome and uncomfortable giving me pain around my right knee and right heel so I informed the Company that I needed to go on Sick Leave for a few days. The pain has eased this afternoon and after discussing it with Chris my Line**

Manager at BP Lenham we agreed that I would purchase new safety shoes from Amazon which I have done, and will return to work tomorrow morning free of medications."

When did this injury occur? 1-3 days

Have you been assaulted? No

Is the painful area an unusual shape or angle (deformed)?

No

Have you fallen? No

Have you been involved in a road traffic collision? No

Do you have a cut or wound? No

Do you have a blood clotting disorder (such as haemophilia)?

No

Do you take blood thinning medication? No

Where does it hurt? Knee

Foot

Which knee is painful? Right

Did your knee pain come on suddenly or gradually? Gradual

Is your knee swollen? No

How bad is your knee pain? 3

How long have you had the knee pain for? 1-4 weeks

What does the knee pain feel like? Dull

Which foot is painful? Right

Did your foot pain come on suddenly or gradually? Gradual

Where on the foot does it hurt? You said: "heel and toes"

Is your foot swollen? No

How bad is your foot pain? 2

How long have you had the foot pain for? 1-4 weeks

What does the foot pain feel like? Dull

Does it hurt more when you move? For example: when you twist or bend?

Yes

Does the pain move anywhere else or cover any other area?

No

Are there any other symptoms with this pain? No

How often does your condition affect you? Happens most weeks

Is there anything that makes your condition better? Yes

What makes your condition better? You said: "Rest lying in bed."

Is there anything that makes your condition worse? Yes

What makes your condition worse? You said: **"Standing at the Till at work for 7 hours mostly non-stop at BP Lenham."**

What do you do for a living? You said: "Manual worker and Cashier at Petrol Station"

Have you travelled abroad recently? No

On the next screen you'll be able to upload photos related to your request. Uploading photos is optional. Please keep in mind that any photos you upload: will be added to your clinical record and used for your clinical care, may be seen by male or female practice staff, should not be an intimate area (such as genitalia, anus, bottom or breasts), even if these are the problem area.

Skip this

Is there anything else you think we should know? No

JUST A FEW LAST QUESTIONS ABOUT YOUR GENERAL HEALTH:

Are you taking any prescribed drugs not related to this condition?

Yes

What other prescribed drugs are you taking? You said: "**risperidone, depakote, sertraline, atrovastatin, finaseride, tamsoulozin: I studied Pharmacology and with my Vishista Advaita Religion am a conscientious objector to taking medications and vaccinations.**"

Are you taking any other drugs? For example: over-the-counter medication from your pharmacist
No

Do you have any family history of illness? For example: heart disease, cancer
None

Do you know how many units of alcohol you drink each week? (1 pint of beer is approximately two units and one small glass of wine is 1 unit)

1-7 units per week

Do you smoke? Yes – 5 to 10 cigarettes a day

In the last year, have you bet more than you could afford to lose? Or has someone in your household bet more than they could afford to lose?

No

Are you allergic to any drugs or creams? No

Have you or anyone in your household had COVID in the last 3 months? Or are you self-isolating right now?

No

If you have symptoms that might be caused by COVID, please arrange a PCR test as soon as possible via gov.uk/coronavirus or call 119. This will help your GP decide how best to treat you. A PCR test is different and more accurate than a lateral flow test that you can do at home.

Okay, I understand

Have you had a COVID PCR test during this illness? Yes

When did you have the test and what was the result? You said: "18 January 2022 as part of the ONS Survey: mouth and nose swab test.

09.14 am (UK-Time) 9 February 2022

Re: Fw: International Criminals: Our reference: OTP-CR-76/22

Yahoo

/

Inbox

Primary - Action@ <action@38degrees.org.uk>

To:

shantanupanigrahi@yahoo.com

Wed, 9 Feb at 09:16

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

Primary - Action@

Wed, 9 Feb at 09:31

Dear 38 Degrees

I am sorry for using offensive language in my frustration and anger over lack of progress in my work with 38 Degrees. I do apologise unreservedly now that you have shown willingness to discuss issues of common interest and that which will be for the betterment of our lives in the United Kingdom now and for our future generations. Kindly restore my subscription immediately, if we are able to discuss the unhosted petitions from the following attempts of mine. I will refrain from going to change.org as I did last night for that company is managed from the United States of America, not the United Kingdom.

I will draw your attention to the following petitions that I wish to make progress on:

- (ac1) <https://you.38degrees.org.uk/petitions/making-wordpress-and-social-media-accountable-to-uk-parliament>
- (ac2) <https://you.38degrees.org.uk/petitions/strengthening-the-international-criminal-justice-systems-to-deal-with-internet-crimes>
- (ac3) <https://you.38degrees.org.uk/petitions/to-remove-the-criminal-charge-of-contempt-of-court-from-judicial-proceedings>
- (ac4) <https://you.38degrees.org.uk/petitions/regeneration-of-the-national-health-service>
- (ac5) <https://you.38degrees.org.uk/petitions/making-the-law-enforcement-system-accessible-to-ordinary-citizens>
- (ac6) <https://you.38degrees.org.uk/petitions/reform-of-the-citizens-advice-bureau-to-provide-comprehensive-legal-and-medical-services>
- (ac7) <https://you.38degrees.org.uk/petitions/reform-of-the-democratic-process-for-people-representation>
- (ac8) <https://you.38degrees.org.uk/petitions/phasing-out-of-nuclear-energy-nuclear-weapons-globally-and-export-and-trade-in-arms>
- (ac9) <https://you.38degrees.org.uk/petitions/preserving-and-nurturing-nature-s-biodiversity-globally>
- (ac10) <https://actionnetwork.org/petitions/a-complete-overhaul-of-economic-development-globally-to-incorporate-environmental-sustainability/>
- (ac11) <https://you.38degrees.org.uk/petitions/regulation-of-job-centres-and-internet-based-recruiting-agencies-and-human-resources-of-employers>
- (ac12) <https://you.38degrees.org.uk/petitions/repeal-of-the-1998-human-rights-act-under-brexite>
- (ac13) <https://you.38degrees.org.uk/petitions/dethronement-of-the-monarch-is-not-treason-to-be-treated-as-mental-disorder-or-criminal-offence>
- (ac14) <https://you.38degrees.org.uk/petitions/coronavirus-pandemic-tackled-through-circuit-breaker-lockdown-of-great-britain>
- (ac15) <https://you.38degrees.org.uk/petitions/reformation-of-the-united-kingdom-s-political-legal-and-social-structures>
- (ac16) <https://you.38degrees.org.uk/petitions/religious-and-secular-blasphemy-laws-are-inhuman>
- (ac17) <https://you.38degrees.org.uk/petitions/forumulation-of-a-new-updated-strategy-to-deal-with-coronavirus-pandemic>
- (ac18) <https://you.38degrees.org.uk/petitions/formation-of-the-conservative-libertarian-party-of-the-united-kingdom>
- (ac19) <https://you.38degrees.org.uk/petitions/spare-a-thought-for-our-younger-generation-in-education-and-health-care>
- (ac20) <https://you.38degrees.org.uk/petitions/introducing-identity-cards-for-voting-and-law-enforcement-using-national-insurance-number>
- (ac21) <https://you.38degrees.org.uk/petitions/self-regulation-of-38-degrees>
- (ac22) <https://you.38degrees.org.uk/petitions/reformulation-of-economic-outlook-to-meet-climate-crisis>
- (ac23) <https://you.38degrees.org.uk/petitions/afghanistan-in-turmoil-what-should-we-do>
- (ac24) <https://you.38degrees.org.uk/petitions/freedom-to-practice-hinduism-in-the-united-kingdom>
- (ac25) <https://you.38degrees.org.uk/petitions/why-quran-should-be-banned-from-the-uk-and-muslims-re-educated-to-naturalise>
- (ac26) <https://you.38degrees.org.uk/petitions/cop26-summit-the-direction-it-should-take>
- (ac27) <https://you.38degrees.org.uk/petitions/change-to-the-constitution-of-the-united-kingdom-to-make-it-more-democratic>

Which one of these would you say deserves priority consideration and I will work with you.

I would be grateful for a reply today.
Thank you for responding.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Gillingham
Kent ME8 0SL
Tel: 07967789619

Hide original message

On Wednesday, 9 February 2022, 09:16:27 GMT, Primary - Action@ <action@38degrees.org.uk> wrote:

Hi Shantanu,

Our inbox is monitored by a small member services team which I am part of. We get hundreds of emails coming in each week so, in order to help us respond to members more efficiently, we have introduced a contact form to get in touch with the team. This is something we are currently trialling so we would welcome any feedback you might have so that we can make this experience for members as smooth as possible. But I can assure you, all emails we receive get read. Please describe further the issue you are having and what you need assistance with.

Best wishes,

Kate and the 38 Degrees team

On Mon, 7 Feb at 12:23 PM, Shantanu Panigrahi <shantanupanigrahi@yahoo.com> wrote:

What the hell is the fucking matter with you, you do not send me an automatic acknowledgement immediately these days and never in the recednt past have dealt with my tickets, nor sorted out the unhosted petitions. Come out of the woodwork and discuss if you have the guts unless of course you are an agent of the United Kingdom and International Criminal Court/United Nations slave institution.

On Monday, 7 February 2022, 10:27:57 GMT, Primary - Action@ <action@38degrees.org.uk> wrote:

Thanks for getting in touch with 38 Degrees! This inbox is not monitored – if you need to get in touch with the 38 Degrees staff team, you can:

Fill in this form and we'll get back to you as quickly as we can: <https://home.38degrees.org.uk/help-and-support/>

Call us on 0207 8460 093

Or:

If you're writing to unsubscribe from our mailing list, you can do this here:

<https://id.38degrees.org.uk/subscriptions/unsubscribe>

If your query is about a donation you can email us on donate@38degrees.org.uk

Are you contacting us with a press/media request? Please follow the steps here:

<https://home.38degrees.org.uk/media-enquiries/>

If you're writing with a query relating to your data and/or the GDPR, please email us on dataprotection@38degrees.org.uk

Wondering why this inbox isn't monitored?

In order to spend the majority of donations on campaigns, we keep a lean staff team. In the past, we've been able to read every email in response to our campaigns, but as 38 Degrees' membership has grown, so has the number of people contacting us! The office team now receives thousands of emails every week.

So to make sure we're still able to assist those who need it quickly, we're asking that you use the above ways of contacting us – again, emails sent to this inbox will not be read. Apologies for any inconvenience – but if there's anything we can help with we hope to hear from you soon!

Your online consultation with Long Catlis Road on 09-02-2022 at 10:25

Yahoo

/

Inbox

eConsult Service <econsult@webgp.com>

To:

shantanupanigrahi@yahoo.com

Wed, 9 Feb at 10:26

DO NOT REPLY TO THIS AUTOMATED EMAIL, especially with your personal or medical details. If you still have questions about your consultation, use the contact details on the practice website.

Dear Shantanu,

Thank you for completing an online consultation. One of your doctors will now review your answers.

Your practice will respond by phone, text or email before 6:30PM on Thursday, 10th of February.

Your eConsult reference number for this request is 73a6e0d0

Here are two important tips for ensuring you receive a response:

A call from your practice may sometimes appear on your phone as "Blocked", "No caller ID" or "Private number"

Check your junk email folder

Please note:

If your condition gets worse while you're waiting for a response, call your practice as soon as possible. If the practice is closed, call your local NHS helpline instead (if available).

If you asked for a particular doctor and they are not available, another doctor in the practice will contact you.

In most cases you won't need to contact the practice before 6:30PM on Thursday, 10th of February.

But if they're unable to reach you by then, please contact the practice using this secure form.

We've attached a copy of the answers you submitted

COVID-19

Surgeries may be prioritising urgent requests due to the pandemic. Please be patient with non-urgent, routine requests.

If you have COVID-19 symptoms:

self-isolate;

arrange a PCR test (different to a lateral flow test, for patients with no symptoms).

To find out about both of these, visit the government page on COVID-19 or call 119.

If your symptoms worsen while waiting for your practice to contact you, please urgently call the practice, 111 or 999 in an emergency.

About your general health and wellness:

You told us you're a smoker. Find out more about NHS services that can help you quit.

Kind regards,

eConsult

<http://longcatlisroadsurgery.webgp.com> :

Foot problem consultation answers.pdf 27kB

Long Catlis Road

Your online consultation request for

Foot problem

SUBMITTED ON:

09-02-2022 at 10:25:34

eConsult reference number for this request:

73a6e0d0

Shantanu,

The answers to your online GP consultation for foot problem are below.

Your practice will respond by phone, text or email before 6:30PM on Thursday, 10th of February with your GP's feedback and treatment details.

Here are two important tips for ensuring you receive a response:

A call from your practice may sometimes appear on your phone as "Blocked", "No caller ID" or "Private number"

Check your junk email folder

If your doctor gives you a prescription, they will let you know where and when you can pick it up when they call you.

IMPORTANT: if your condition worsens or if you find the details you submitted are incorrect, please call the practice immediately on 01634 233491.

NOW WE JUST NEED TO KNOW WHAT KIND OF HELP YOU WOULD LIKE:

Please tell us in a few words how we can help. You said: "I have been working in a Petrol Station for 5 weeks and the Safety Shoes

they give us as part of the uniform were too heavy cumbersome and uncomfortable to work with so that after these shifts I had severe pain in my heel and right knee. The heel bleeds. It is work injury for which I have self-certified sick leave for 7 days and the Surgery is issuing me with a Sick Note according to the receptionist today with whom I discussed the need to refer me to a Specialist in knee and heel injuries now."

Have you tried anything for this? Yes

Please tell us what you have tried. You said: "Ibuprofen for the knee pain and plasters over the bleeding. I am taking 4 tablets of Ibuprofen daily, but it is not helping."

Is there any particular help you would like? Yes

Please tell us what help you would like. You said: "I would like you to refer me to a specialist in Physiotherapy or knee problems, and prescribe something for my bleeding of the heel."

Would you like help from a particular person at the surgery? If the person that you requested is not available, another member of the team at the practice will contact you.

No

WE'LL NOW ASK YOU SOME QUESTIONS ABOUT YOUR SYMPTOMS:

Please describe your symptoms. You said: "I have severe pain in my right knee and could not walk down the stairs this morning straight and eventually fell down. The bleeding is on the carpet all over the house from my heel."

Did you injure your foot (feet)? Yes

Please tell us what happened. You said: "I heel were very uncomfortable and heavy to work on at BP Lenham Petrol

Station and caused me toe and knee aches while I was working and at the end of my shifts it was very difficult to drive home because of the pain. At the home this morning I found that the heel is bleeding."

Is there a cut or wound on your foot (feet)? Yes

Is this cut or wound bleeding? Yes

Is the bleeding stopped with direct pressure? Yes

Is the wound red, swollen or oozing? No

Is your foot (feet) an unusual shape or angle (deformed)?

No

Are you able to put your full weight on your leg(s) and take 4 steps without help?

Yes

Do you have any other painful injuries? No

Which foot (feet) is the problem? Right

Is your right foot paler and colder than your left foot? No

Is your foot (feet) painful? Yes

How bad is your foot pain? 2

How does your foot pain affect you? The pain interrupts or causes me to avoid usual activities. It's hard to ignore.

Is your foot (feet) swollen? No

Do you have any swelling or pain to your calf (back of the leg)?

No

Is your foot (feet) red or hot to touch? No

Have you had a temperature of 38 degrees C (100.4 degrees F) or above during this illness?

No

Have you had any uncontrollable shivering? No

Do you have pain in your ankle(s) or heel(s)? No

Do you have pain in your toe(s)? Yes

Have you had a problem with your foot (feet) before? No

Have you had any unexplained weight loss in the last 3 months?

No

Have you had any surgery to the problem foot (feet) in the past 2 weeks?

No

On the next screen you'll be able to upload photos related to your request. Uploading photos is optional.

Please keep in mind that any photos you upload: will be added to your clinical record and used for your clinical care,

may be seen by male or female practice staff, should not be an intimate area (such as genitalia, anus, bottom or breasts), even if these are the problem area.

Skip this

Is there anything else you would like to tell us that we have not asked?

No

JUST A FEW LAST QUESTIONS ABOUT YOUR GENERAL HEALTH:

Are you taking any drugs or medicines that your practice doesn't know about?

Yes

Please tell us what other drugs or medicines you are taking.

You said: "risperidone, sertraline, depakote, tamsulosin, finasteride, and

atrovastatin"

How many units of alcohol do you drink each week? (1 pint of beer is approximately two units and one small glass of wine is 1 unit)

0 units per week

Do you smoke? Yes – less than 5 cigarettes a day

Do you have any allergies? No

Have you or anyone in your household had COVID in the last 3 months? Or are you self-isolating right now?

No

If you have symptoms that might be caused by COVID, please arrange a PCR test as soon as possible via gov.uk/coronavirus or call 119. This will help your GP decide how best to treat you. A PCR test is different and more accurate than a lateral flow test that you can do at home.

Okay, I understand

Have you had a COVID PCR test during this illness? Yes

When did you have the test and what was the result? You said: "18 January 2022 from ONS Survey. It was negative for Covid

11.41 am (UK-Time) 9 February 2022

BP's £9 billion profits

Inbox

from: Myles Cummins - 38 Degrees <action@38degrees.org.uk>

to: shanpanigrahi3000@gmail.com

date: 9 Feb 2022, 11:56

subject: BP's £9 billion profits

mailed-by: bnc3.mail.38degrees.org.uk

Signed by: 38degrees.org.uk

unsubscribe: [Unsubscribe from this sender](#)

security: [Standard encryption \(TLS\) Learn more](#)

: Important mainly because it was sent directly to you.

38 Degrees Logo

Dear Shantanu,

Today oil giant BP announced staggering profits of over £9 billion, an 8 year high, thanks to soaring oil prices. And just days ago, Shell also revealed record breaking profits. [1] All while households are being hit with skyrocketing fuel bills. It's not just unfair - it's an insult.

The Government knows people can't afford this. The Chancellor, Rishi Sunak's solution of a loan scheme that will pay less than half the amount your bills could increase by. [2] What's worse, he has the power to tax the soaring profits of these energy companies - but he hasn't done it yet. [3]

That's why there's growing cross party support for a 'Windfall Tax' on the huge profits made by these companies. [4] And together, we've launched a hard hitting campaign to make this happen. Here's some examples of how we've been cranking up the pressure on the Chancellor over the last few weeks by:

Over 91,000 us have signed a petition calling for the Windfall Tax [5]

We've sent ad vans to Rishi Sunak's constituency sharing heart-breaking stories about the effects of being unable to cope with their rising bills. [6]

We've spent money on polling to understand the true cost of the crisis, with our research being quoted in the House of Commons by the Labour Party in response to Sunak's announcement. [7] Splashing your stories across the media, including getting headline news on the ITV evening news. [8]

But with further hikes in fuel price expected - the problem could get much worse. The good news? If enough of us chip in a few quid today we'd have the money we need to run the ambitious campaign we need to win this campaign.

So Shantanu, will you chip in today to help us keep up the fight for a Windfall tax?

Chip in £1

Chip in £2

Chip in £3

Chip in another amount

Just last week the Government announced an increase in the Warm Home Energy Discount scheme, helped by our campaign that was backed by more than 124,000 of us. [9] When we come together we can make a huge difference. We won then and we can do it again.

The next phase of this campaign is the launch of our big 'Energy Week' in the coming days. It's an exciting tactic that could get this issue right to the top of the Government's agenda. Here's what we've got in the pipeline:

Lobbying MP's in Parliament directly, briefing them about the realities of this crisis for thousands of our supporters.

Undertaking more polling, driven by your feedback to our recent survey, giving thousands more the chance to have their say before passing on the media.

Launching an exciting social media campaign, producing great content which will target Rishi and put your real lives front and centre.

But with no big donors, we're going to need your help to make it happen Shantanu. Because going head-to-head with the Government and the interest of big businesses, with deep pockets, is going to cost a lot of money.

So, if you can, will you help make this exciting tactic a reality by chipping in a few quid today? Even £1 or £2 can make a huge difference.

Chip in £1

Chip in £2

Chip in £3

Chip in another amount

Thanks again for all that you do,

Myles, Mike, Jonathan, Matt and the 38 Degrees team

PS: I know asking for donations in these tough times is a big ask. Some of us won't be able to afford it - and that's ok! There are many other ways that you can support our campaigns. Thank you for everything you do.

NOTES

[1] The Mirror: BP boasts record profits amid energy bills crisis - raking in £9.5billion

Daily Mail: Energy giant Shell posts 'momentous' £12BILLION profits as millions face soaring bills and cost-of-living crisis - sparking calls for windfall tax on power companies

[2] The Guardian: 6m UK homes may be unable to pay energy bills after price hike, charity warns

[3] See note 2

[4] iNews.co.uk: Labour and Lib Dems call for a windfall tax on oil and gas producers

LBC: Tory MP Robert Halfon calls on the government to ditch it's national insurance rise for a tax on banks, oil, and tech companies

[5] 38 Degrees: Make energy giants pay their fair share

[6] 38 Degrees: Earlier today, we went right in the heart of @RishiSunak's constituency to tell him to #FreezeBillsNotFamilies

[7] Hansard: Rachel Reeves MP "Tell that to the one in five people who are already skipping meals so they can pay their energy bills."

[8] ITV News: The end of big days out and no more dance classes - the reality of the rising cost of living

[9] 38 Degrees: We won this campaign, all thanks to you

38 Degrees wouldn't exist without you, Shantanu.

38 Degrees has no big donors - we're funded by ordinary people who care, like you. Regular donations mean that we can plan future campaigns, pay our workers a decent wage, and keep fighting for what we all believe in.

If you don't already do so, will you consider setting up a regular donation of a fiver, tenner or whatever you can spare? Click here to donate securely:

CHIP IN WEEKLY

Unsubscribe: If you no longer wish to be part of our movement and receive our emails you can unsubscribe here.

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To:

shantanupanigrahi@yahoo.com

Wed, 9 Feb at 12:05

Dear Shantanu,

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The 38 Degrees Team

PS: Just in case you're interested, the 38 Degrees office team is always transparent about how your donations are spent. If you fancy a riveting read over a cup of tea, you can have a look at our full audited accounts: <https://home.38degrees.org.uk/about/donation-policy>

Update:

I telephoned the Long Catlis Road Surgery at 12.15 and asked if the Sick Note will be issued because I need to inform my employers as I have a shift of work tomorrow and if no Sick Note is issued I would have to go into work and do the best I can. I filled in the eConsult Form as the receptionist and because 7 days had passed she asked me to send another eConsult request.. She said that they have got it but it is one of the items that the Surgery will deal with with the urgency that it deserves, and I should phone back in the afternoon and see what the situation is. OK, I said. Call ended.

I then telephoned BP Lenham and explained all that to Vicky that if the GP Surgery does not issue the Sick Note because it is not critical, I will come in for my shifts. Vicky asked that I had said that I fell down the stairs. I said it was because of my knee that buckled, and I also had bleeding in my toes

from the Safety shoes. I added that I will phone the Surgery at 3.00 pm and then contact you and let you know the situation. She agreed.

Last Updated: 12.43 pm (UK-Time) 9 February 2022

Comment: Updated this book in Lulu as eBook, then in Knowledge for World Conservation and Allurement of Reality (shop) and in Internet archive before 3.00 looms for the final showdown. Unsubscribed from the following email that came so as to clean my email accounts:

The most common CV mistakes you don't want to make

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Wed, 9 Feb at 13:01

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13.35 pm (UK-Time) 9 February 2022

Update: The only way to set myself free is not to telephone the GP Surgery again at 3.00 pm, or they may send me back to Britton House Community Mental Health Team for Dr Odesanya to reexamine

me at a face-to-face Meeting instead of whatever I have published up till this moment in time in my websites and in the 32 books; in which case all that I have struggled to free myself of would have been destroyed. The Sick note should have my mental and physical health from 31st December 2021 assessed and reported on. Don't even go to work and wait for BP Lenham to telephone you. Say later 'sorry the pain was excruciating and I have asked the Surgery for me to be referred to a Physiotherapist Specialist. That is the only way to bring matters to a head and end this 'suffering'.

Last Updated: 13.47 pm (UK-Time) 9 February 2022

Re: Get your pod more listeners! Claim your podcast!
 from: Andrea Campbell <andrea@joinwisdom.app>
 to: shanpanigrahi3000@gmail.com
 date: 9 Feb 2022, 13:55
 subject: Re: Get your pod more listeners! Claim your podcast!
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: Important mainly because it was sent directly to you

Thanks for getting back to me! The next step is to fill out this quick form to claim your podcast.

We're excited to have you on board and can't wait to hear your voice on Wisdom!

If you experience any issues, please contact us at creators@joinwisdomapp.com.

Sincerely,

Andrea Campbell

Wisdom Talent Team

Dear Andrea

Thank you for this invitation. I would like to claim my podcast Towards Knowledge for World Conservation on Wisdom. I have a website <https://knowledgeforworldconservation.com> in which my research is documented.

Please send me the link to get me started today.rest.

Thank you for your interest. It is most appreciated.

Shantanu Panigrahi

3 Hoath Lane

Wigmore

Gillingham

Kent

ME8 0SL

Tel: 07967789619

On Tue, 8 Feb 2022, 22:36 Andrea Campbell, <andrea@joinwisdom.app> wrote:

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Can I please send you the link so you can claim your podcast and start growing your listeners?

I'm happy to answer any questions you may have too!

Sincerely,
Andrea Campbell
Wisdom Talent Team

14.21 pm (UK-Time) 9 February 2022

Update: The Form wanted me to show the Apple podcast and Spotify podcast links but I let those two space blank, and submitted the Form.

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14.25 pm (UK-Time) 9 February 2022

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Wed, 9 Feb at 14:25

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Wisdom was recently written about in TechCrunch and even hosted the legendary Kenny G for a talk. We hope you'll join us once the Android app is available, and promote the app!

In the meantime, check out our socials. It'd be awesome if you followed us! 📢

Sincerely,

Wisdom App Team

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Last Updated 14.56 pm (UK-Time) 9 February 2022